

**SEPTEMBER MENU 55+ COMMUNITIES**

* **MEAT LASAGNA;** Kim’s slow cooked tomato sauce with ground beef, Italian sausage, crushed tomatoes and seasonings layered with cheeses topped with creamy mozzarella cheese! Bake and Serve

**$10 Mini (serves 1-2) $22 Small (serves 3-4)**

* **CHICKEN POT PIE;** Loaded flaky pie crust with chicken breast pieces sautéed with potatoes, green beans and corn in a chickengravy finished with cream! Bake and serve! FAN FAVORITE

**$10 individual**

* **\*GF/DF BBQ PULLED PORK;** seasoned pork butt, slow cooked overnight, pulled apart, and mixed with a sweet BBQ sauce. Fully Cooked. Ready to heat and serve as is, on a bun, baked potato or with pasta!

**$7 ½ pound (serves 1-2)**  **$14 1-pound serve 3-4 people**

* **DF MONGOLIAN CHICKEN BREAST;** boneless skinless chicken breast soaked in a sweetened, citrus, soy based marinade. Cook hole, stove top, oven or grill or cut up into stir-fry

**$6 each**

* **DF MONGOLIAN PORK CHOP;** center cut boneless 8-ounce pork chop soaked in a sweetened, citrus, soy based marinade. Cook hole, stove top, oven or grill or cut up into stir-fry

**$6 each**

* **\*GF CHICKEN SUNDRIED TOMATO MEATBALLS;** Hand ground chicken breast meat mixed with sundried tomatoes, parmesan cheese, herbs and seasonings. Rolled and roasted. Fully Cooked. Heat and serve as is, with pasta or as a sandwich!

***$8 ½ pound serves 1-2 $16 1-pound each serves 2-3***

* **DF GRAM’S SAUSAGE SOUP;** sweet and spicy Italian Sausage slow cooked with onions, bell peppers, tomatoes in a red wine beef broth finished with pasta; heat and serve. \*\*Gluten Free Pasta Optional

**$6 Pint $12 Quart $6.50 GF Pint $ 13.00 GF Quart**

* **\*GF INDIVIDUAL BACON and EGG CASSEROLE;** eggs mixed with bacon and cheddar cheese poured into a hashbrown crust and baked. Fully Cooked. Heat and serve.

**$6.50**

* **INDIVIDUAL CINNAMON RAISIN FRENCH TOAST CASSEROLE;** varieties of bite size cinnamon bread pieces soaked in a sweetened egg custard, cinnamon crumble on top. Fully Cooked. Heat and serve.

**$6.75**

* **\*GF TRADITIONAL CHICKEN SALAD**; finely chopped chicken breast mixed with “nothing funny” mayonnaise-based dressing. READY TO EAT

**½ pound $6 1-pound $12**

**\*GF: Gluten Free**

**DF: Dairy Free**

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