

# HOW IT WORKS

**NEW MENUS** Posted every Friday Morning. **ALL MEAL ORDERS** for the upcoming week must be **PLACED BY MIDNIGHT SUNDAY!!!!**

**PEPACKAGED MEALS:** Kim continues to make meals fresh daily Monday-Thursday. They will be packaged in individual servings ready for your refrigerator or freezer. For easy reheat there will be simple instructions for both the microwave and oven.

**MEALS OPTIONS:** Traditional Style and Gluten Free/Lighter meals available Monday-Thursday. Each week you will see SPECIALS which will include a bonus meal, seafood option, entrée salad and granola bites!!!!

**DELIVERY SERVICE ONLY:** All meals will be delivered in a red cooler bag with ice packs. Myself or one of my drivers will deliver right to your door and ring the bell so you know it's there! If you are not home in the delivery timeframe you have chosen, Do not worry. **Meals will stay safe for up to 2 hours in the cooler bags.** Come home from Work or activities to dinner at your door ready for easy reheat!

**BAG RETURNS/RECYCLE PROGRAM:** Place your next order and leave your bag and ice packs at the door for the driver to pick up and they will leave a full bag of food behind! Please be sure that the luggage tag with *your* information is still attached to bag!!!

After you finish your tasty meal. Wash your black containers and lids, or run through dishwasher and place back in your bag for credit to your account! More details on [Recycle Program Page](#).

**BAG DEPOSIT:** You will notice upon check out a **\$10 bag deposit**. This is for the refrigerated cooler bags with ice packs. When bag is returned a \$10 credit will be returned to your account funds to go towards your next purchase. If an order is not placed or you decided to keep the bag after 60 days you forfeit the deposit.

**FREEZER MEALS:** These meals offer variety and quick access to healthy, easy to prepare meals; some are heat and serve and others you just pop in the oven and go! Freezer meal prices and options vary.

**PAYMENTS:** can be made on line via credit/debit (Paypal is just my carrier) for a 4% fee or cash/check no extra fee upon delivery.

**CATERING:** Full catering services still available! Check at the catering Menus or contact Kim directly to personally plan your event!

**DEMOS/PERSONAL APPEARANCES:** Kim is available for in person cookin' demonstrations for your youth or adult group! Contact Kim direct for more details!

Please feel free to contact me with any further questions!!

*-Chef Kim*